

THE COMMODITY SUPPLEMENTAL FOOD PROGRAM

The Commodity Supplemental Food Programs (CSFP) is a federally funded program, which works to improve the health of elderly people at least 60 years of age by supplementing their diets with nutritious USDA commodity foods.

Each box contains 30-40 pounds of food to supplement an older adult's monthly diet, including: grains, vegetables, fruit, high protein items, juice, shelf-stable milk, and a block of cheese.



HOW DO I PARTICIPATE?

Eligible seniors who meet the age, residential, and income guidelines will take part in certification interviews by distribution sites. Certified individuals will be informed of monthly distribution dates, times, and location(s).

Eligibility Guidelines:

Eligible individuals must:

- meet the stated income guidelines
- be at least 60 years of age
- be a resident of Lake or Porter County

Income Guidelines*:

Household Size	Annual Income	Monthly Income
1	\$23,475	\$1,957
2	\$31,725	\$2,644
3	\$39,975	\$3,332
4	\$48,225	\$4,019
5	\$56,475	\$4,707
6	\$64,725	\$5,394
7	\$72,975	\$6,082
8	\$81,225	\$6,769
add for each additional member	\$8,250	\$688

*2025 Income Guidelines

The following percentages and dollar amounts of the total costs which will be financed with federal money: TEFAP (28%, \$5,154,776) and CSFP (7%, \$1,313,104). The percentage and dollar amount of the total costs of the project or program that will be financed by nongovernmental sources is 65%, (\$12,144,804).



Distribution Sites

The Food Bank works with 25+ sites across Lake and Porter County to distribute CSFP to seniors. These include Food Bank partner agencies, community centers, and senior living communities. Any 501(c)3 organizations interested in distributing CSFP should contact us to learn more.

CONTACT US

Contact us today to learn more or sign up:
 Phone: **219-980-1777 x304**
 Email: **mzimmerman@foodbanknwi.org**

ABOUT THE FOOD BANK OF NORTHWEST INDIANA

The Food Bank of Northwest Indiana is the largest hunger relief organization in the Region, and the only food bank serving Lake and Porter counties. We have been leading Northwest Indiana's fight against hunger since 1982 and distribute more than 4.5 million meals each year to children, adults, and seniors in need.

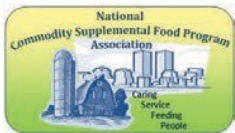
MISSION

The mission of the Food Bank of Northwest Indiana is to alleviate hunger by acquiring and distributing food to people in need, promoting solutions that advance self-sufficiency and hunger relief and leading the region in the fight against hunger.

VISION

Our mission is to be the leader of a community mobilized to fight hunger and address its causes.

Food Bank of Northwest Indiana is an equal opportunity provider.

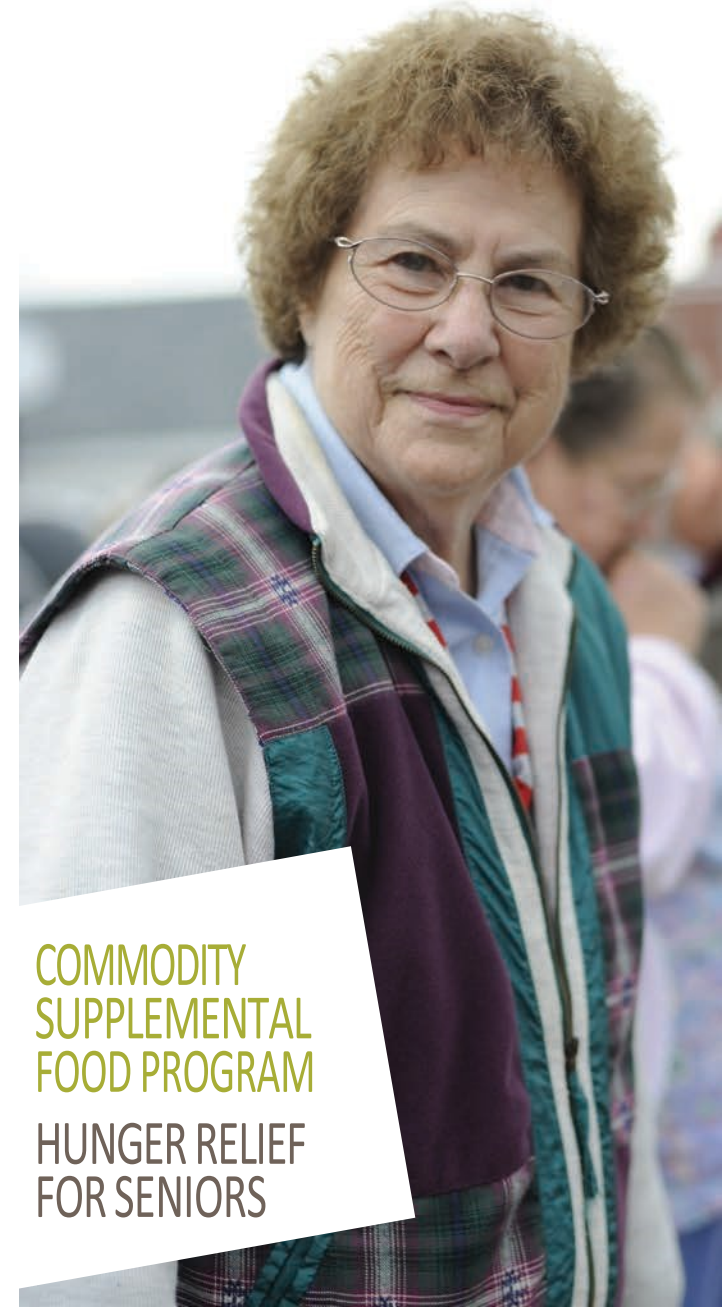


Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

6490 Broadway
Merrillville, IN 46410

219-980-1777 ext.
30463

foodbanknwi.org



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HUNGER RELIEF
FOR SENIORS