



Participation Waiver and Release

As a participant in Food Bank of Northwest Indiana activities and activity and events, I verify that I have read, understand, and accept the terms of this waiver and release.

My submission and/or electronic acknowledgement of this form shall act as my legal signature. I understand the nature of and risks involved in participating in this activity and/or event. I know participating in these activities—including but not limited to packing and sorting food, handling warehouse equipment, running and walking a trail, participating in a group exercise or dance class, and walking on asphalt or concrete—is potentially hazardous. I understand that I should not participate unless I am medically able and sufficiently trained to do so. I agree to abide by any decision of any official concerning my ability to safely complete this activity and event. I assume all risks associated with my voluntary participation in this activity and/or event, including, but not limited to, traffic and other conditions of the ground, trails, falls, building, contact with other participants, and the effects of the weather, including extreme temperatures and precipitation.

Knowing these facts, for, and in consideration of, my participation in this race, I, for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, waive, release, covenant not to sue, and fully indemnify and hold harmless and discharge the Food Bank of Northwest Indiana, fellow participants, officials, workers, volunteers, and any and all officers, directors, employees and other representatives of the foregoing, and any successors or assigns of the foregoing, and hold and waive them harmless from and against ANY AND ALL actions, claims, injuries, demands, liabilities, loss, damage, or expenses, including but not limited to death, personal injury, and property damage, whether foreseen or unforeseen, arising out of, or in the course of, my participation in this activity and event.

I have read the above Waiver & Release, and by submitting this entry form, or acknowledging via electronic submission, I understand and agree with all of the terms of the waiver statement.

Signature: _____ Date: _____

Printed Name: _____

Signature: _____ Date: _____

Printed Name: _____

Signature: _____ Date: _____

Printed Name: _____